



# BOISE KIDNEY & HYPERTENSION INSTITUTE

"MAKING LIVES BETTER IN IDAHO"

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To my valued patients,

Over the last 15 years, it has been my goal to provide the best care possible: to protect kidney function, improve quality of life, and to manage complicated hypertension. As of January 1, 2021, I will be transitioning my role to focus solely as a research principal investigator with Boise Kidney. Boise Kidney will become a full-time research facility, and the other physicians of Boise Kidney & Hypertension Institute will be employed with St. Luke's Clinic – Kidney and Hypertension.

With this change, I will no longer be providing routine CKD care in a clinic setting. I will discuss your history directly with my team, and together we will make sure your care is transitioned to one of my excellent physician partners in Meridian. Because they will be employed by St. Luke's, I recommend contacting your insurance provider to see if St. Luke's is in your network. If not, there are two options. First, you can contact an insurance broker to see if a change in insurance would be right for you. If you do not have an insurance broker, Boise Kidney has worked with Alicia "Nonni" Perez with Insurers of Idaho and has found her to be an invaluable resource. She is also fluent in Spanish and has helped Boise Kidney patients for years. Her contact number is 208-344-3388 or [nonni@insurersofidaho.com](mailto:nonni@insurersofidaho.com).

Second, if you need to change providers to an in-network group, give my office a call and I will arrange to make a referral to another practice and provide your records. Thank you for the opportunity to serve you, and I hope to work with you on some of our upcoming research opportunities.

Sincerely,

Arnold Silva, MD, PhD